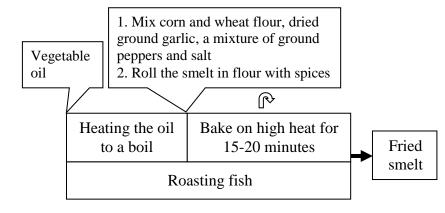
Fried smelt "Varzuga" (khurs.ru - 2022)





- 1. Smelt -2 kg
- 2. Wheat flour 3 tablespoons
- 3. Corn flour 3 tablespoons
- 4. Dried ground garlic -0.3-0.4 teaspoons
- 5. Ground pepper mixture -0.2-0.3 teaspoons
- 6. Salt -0.4-0.5 tablespoons
- 7. Vegetable oil -65-70 g



Fried smelt "Varzuga"



1. We catch and wash the smelt



2. We take spices, corn and wheat flour



3. We measure the spices



4. Mix the spices and flour



5. Take vegetable oil



6. Roll the smelt in flour with spices



7. Put a frying pan with oil on the fire





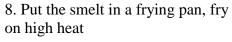
9. Turn over, fry on the other side



10. Put the fried smelt on a plate



11. Put the smelt in a frying pan, fry over high heat





12. We put the fried smelt on a plate