Baked pike with vegetables "Almazovskaya pike" (khurs.ru - 2022)

1. Vegetable oil
2. Cut onion into discs
3. Sweet red pepper cut into strips
4. Cut yellow tomatoes into thin slices
5. Cut the pike into large pieces and sprinkle with spices on all sides
6. Spices: dried ground garlic, ground black pepper, salt

| Warming |
| :---: | :---: | :---: | :---: | :---: |
| up | | Baking |
| :---: |
| under foil |
| at $250^{\circ} \mathrm{C}$ |
| 45 minutes | | Baking |
| :---: |
| under foil |
| at $225^{\circ} \mathrm{C}$ |
| 45 minutes | | Baking |
| :---: |
| under foil |
| at $200^{\circ} \mathrm{C}$ |
| 45 minutes | | Baking |
| :---: |
| without foil |
| at $180^{\circ} \mathrm{C} 40-$ |
| 45 minutes |$\rightarrow$| Baked |
| :---: | :---: |
| pike |

1. Pike (fillet) -2.7 kg
2. Sweet red pepper $-600-650 \mathrm{~g}$
3. Onion - $1.3-1.5 \mathrm{~kg}$
4. Yellow tomatoes -1 kg g
5. Vegetable oil - $75-90 \mathrm{~g}$
6. Dried ground garlic $-0.75-0.9$ tablespoons
7. Ground black pepper $-0.75-0.9$ tablespoons
8. Salt - 1.25-1.5 tablespoons


Baked pike with vegetables "Almazovskaya pike"


1. We catch a pike

2. Take yellow tomatoes
3. We make up the proportions of spices


4. We cut the pike into large parts

5. Cut yellow tomatoes into thin slices

6. We take vegetable oil

7. Take sweet red peppers.

8. Peel onion vegetable oil onion in a baking sheet

9. Sweet red pepper cut into strips

10. Cut onion into thin discs

11. We put foil in a baking sheet, pour

12. We put a layer of

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13. Sprinkle each portion of pike with spices on both sides

17. Put a layer of onion in a baking sheet

21. Bake at $180^{\circ} \mathrm{C}$ for $40-45$ minutes

14. Put the portion pike tightly in a baking tray

18. Close the foil and put the baking sheet in a preheated oven

22. Turn off and open the oven

15. Put sweet red pepper in a baking tray

19. Bake at 250,225 and $200^{\circ} \mathrm{C}$ for 45 minutes

23. Remove the baking sheet from the oven

16. Put yellow tomatoes in a baking tray

20. We open the foil on top of the baking sheet

24. We serve it on the table

